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Instrument for ICPSR 13730
Physical Development Scale

This set of questions has to do with your health and development. Please answer all the questions as best you can.

For most questions, you will see boxes that look like this:

Please place an X in the box that goes with the answer you choose. The X should look like this:

Here is an example:

What color are your eyes?

Mark one box:

[ ] Brown
[ ] Blue
[ ] Green

You will see the words ‘Mark one box’ - this means that we need you to put an X in only ONE box for that question.
For some questions, you will see wider boxes that look like this:

Please write your answer to the question inside these wider boxes.

Here is another example:

How many children do you have?

10

The person that answered this way has 10 children.

If you would rather not answer a question, just put a circle around the box or boxes for that question and go to the next question.
1. How tall are you?

I am [ ] feet, and [ ] inches tall.

2. About how much do you weigh?

I weigh [ ] pounds.

To answer each question, please put an X in the box in front of the answer that best describes what is happening to you. Please choose only ONE answer for each question.

3. Would you say your growth in height.... [Mark one box]
   - [ ] Has not yet begun to spurt or grow really fast
   - [ ] Has barely started
   - [ ] Has definitely started
   - [ ] Seems completed

4. And how about the growth of body hair? Would you say that your body hair has: [Mark one box]
   - [ ] not yet started growing
   - [ ] has barely started growing
   - [ ] Is definitely underway
   - [ ] Seems completed

5. Have you noticed any skin changes, especially pimples? [Mark one box]
   - [ ] not yet started showing changes
   - [ ] have barely started showing any changes yet
   - [ ] skin changes are definitely underway
   - [ ] skin changes seem completed
[for GIRLS only]

6G. Have your breasts begun to grow? [Mark one box]

- not yet started growing
- have barely started changing
- breast growth is definitely underway
- breast growth seems completed

7G. Do you think your development is any earlier or later than most other girls your age? [Mark one box]

- Much earlier
- Somewhat earlier
- About the same
- Somewhat later
- Much later

8G. Have you begun to menstruate or get your period?

- no → Please tell the interviewer you are finished. Fold the booklet in half and put it in the envelope.
- yes

9. How old were you when you first menstruated or got your period?

- years and months old

Please tell the interviewer you are finished. Fold the booklet in half and put it in the envelope.

[for BOYS only]

6B. Have you noticed a deepening of your voice? [Mark one box]

- not yet started changing
- has barely started showing any changes
- voice change is definitely underway
- voice change seems completed.

7B. Have you begun to grow hair on your face? [Mark one box]

- not yet started growing hair
- has barely started growing hair
- facial hair growth is definitely underway
- facial hair growth seems completed

8B. Do you think your development is any earlier or later than most other boys your age? [Mark one box]

- Much earlier
- Somewhat earlier
- About the same
- Somewhat later
- Much later

Please tell the interviewer you are finished. Fold the booklet in half and put it in the envelope.