ICPSR 27942

Criminal Justice Drug Abuse Treatment Studies (CJ-DATS): Performance Indicators for Corrections (PIC), 2002-2006 [United States]

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Wave 1 Questionnaire

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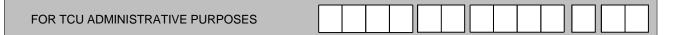
TCU/CJ CEST Survey -- Part I

PLEASE RESPOND TO EACH OF THE STATEMENTS BELOW BY FILLING IN THE CIRCLE TO INDICATE HOW MUCH YOU AGREE OR DISAGREE WITH EACH ONE. MARK ONLY ONE CHOICE FOR EACH STATEMENT. THANK YOU FOR YOUR PARTICIPATION.

Today's Date:						
·	M	о _	DA	ΑY	Y	R

		Disagree Strongly (1)	Disagree (2)	Uncertain (3)	Agree (4)	Agree Strongly (5)
		(1)	(2)	(3)	(4)	(3)
1.	You have people close to you who motiva and encourage your recovery.		0	0	0	0
2.	You trust your counselor	0	0	0	0	0
3.	You need help in dealing with your drug use.	0	0	0	0	0
4.	Your religious beliefs are very important in your life.	0	0	0	0	0
5.	You have little control over the things that happen to you.	0	0	0	0	0
6.	You need to stay in treatment	0	0	0	0	0
7.	Time schedules for counseling sessions at this program are convenient for you	0	0	0	0	0
8.	It's always easy to follow or understand what your counselor is trying to tell you.	0	0	0	0	0
9.	You only do things that feel safe	0	0	0	0	0
10.	You have family members who want you to be in treatment.	O	0	0	0	0
11.	This program expects you to learn responsibility and self-discipline	0	0	0	0	0

		Disagree	D'	TI	A	Agree
		Strongly (1)	Disagree (2)	Uncertain (3)	Agree (4)	Strongly (5)
		(-)	(-)	(0)	(-)	(0)
12.	You keep the same friends for a long time.	0	0	0	0	0
13.	This treatment is giving you a chance to solve your drug problems	0	0	0	0	0
14.	This kind of treatment program is not helping you.	0	0	0	0	0
15.	Your counselor is easy to talk to	0	0	0	0	0
16.	You have trouble sleeping.	0	0	0	0	0
17.	You have much to be proud of	0	0	0	0	0
18.	You have close family members who want to help you stay away from drugs	0	0	0	0	0
19.	You are willing to talk about your feelings during counseling	0	0	0	0	0
20.	This program is organized and run well	0	0	0	0	0
21.	You are motivated and encouraged by your counselor.	0	0	0	0	0
22.	You feel people are important to you	0	0	0	0	0
23.	What happens to you in the future mostly depends on you.	0	0	0	0	0
24.	You need more help with your emotional troubles.	0	0	0	0	0
25.	You are concerned about legal problems.	O	0	0	0	0
26.	You have made progress with your drug/alcohol problems	0	0	0	0	0



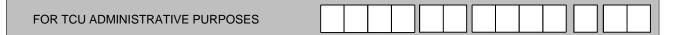
		Disagree Strongly (1)	•		Agree (4)	Agree Strongly
		. ,		(3)		
27.	You have good friends who do not use drugs.	0	0	0	0	0
28.	You have carried weapons, like knives or guns	0	0	0	0	0
29.	You have people close to you who can always be trusted	0	0	0	0	0
30.	You are satisfied with this program	0	0	0	0	0
31.	You have learned to analyze and plan ways to solve your problems	0	0	0	0	0
32.	It is urgent that you find help immediately for your drug use	0	0	0	0	0
33.	There is little you can do to change many of the important things in your life	0	0	0	0	0
34.	You have trouble following rules and laws.	0	0	0	0	0
35.	You have made progress toward your treatment program goals	0	0	0	0	0
36.	You feel a lot of anger inside you	0	0	0	0	0
37.	You always attend the counseling sessions scheduled for you.	0	0	0	0	0
38.	Your counselor recognizes the progress you make in treatment.	0	0	0	0	0
39.	You will give up your friends and hangouts to solve your drug problems	0	0	0	0	0
40.	Taking care of your family is very important.	0	0	0	0	0
41.	You have a hot temper	0	0	0	0	0
42.	Your counselor is well organized and prepared for each counseling session	0	0	0	0	0
43.	Your counselor is sensitive to your situation and problems.	0	0	0	0	0

FOR TCU ADMINISTRATIVE PURPOSES													
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Disagree

		Strongly (1)	Disagree (2)	Uncertain (3)	Agree (4)	Strongly (5)
				. ,		
44.	You feel a lot of pressure to be in treatment.	0	0	0	0	0
45.	There is really no way you can solve some of the problems you have	0	0	0	0	0
46.	You like others to feel afraid of you	0	0	0	0	0
47.	You need more individual counseling sessions.	O	0	0	0	0
48.	You consider how your actions will affect others.	····· O	0	0	0	0
49.	You could be sent to jail or prison if you are not in treatment.	0	0	0	0	0
50.	Your counselor makes you feel foolish or ashamed.	O	0	0	0	0
51.	You feel mistreated by other people	0	0	0	0	0
52.	Your counselor views your problems and situations realistically	0	0	0	0	0
53.	You plan ahead	0	0	0	0	0
54.	This treatment program gives you hope for recovery.	О	0	0	0	0
55.	You need more educational or vocational training services.	0	0	0	0	0
56.	You want to be in drug treatment	O	0	0	0	0
57.	You feel interested in life	0	0	0	0	0
58.	Other clients at this program care about you and your problems	0	0	0	0	0
59.	You feel like a failure.	0	0	0	0	0
60.	You have trouble concentrating or remembering things.	O	0	0	0	0
61.	You avoid anything dangerous	0	0	0	0	0

Agree



		Disagree Strongly	Diaganas	Unacutain	A awaa	Agree Strongly	
		(1)	Disagree (2)	Uncertain (3)	Agree (4)	(5)	
62.	You have stopped or greatly reduced your drug use while in this program	0	0	0	0	0	
63.	Your counselor helps you develop confidence in yourself.	0	0	0	0	0	
64.	You have people close to you who understand your situation and problems.	0	0	0	0	0	
65	Your life has gone out of control		0	0	0	0	
	_		Ŭ	O	O	O	
00.	You always participate actively in your counseling sessions.	О	0	0	0	0	
67.	You have made progress in understanding your feelings and behavior.	0	0	0	0	0	
68.	You need more group counseling sessions.	0	0	0	0	0	
69.	You feel afraid of certain things, like elevators, crowds, or going out alone	0	0	0	0	0	
70.	You feel anxious or nervous.	0	0	0	0	0	
71.	You wish you had more respect for yourself.	0	0	0	0	0	
72.	Other clients at this program are helpful to you.	0	0	0	0	0	
73.	You are very careful and cautious	0	0	0	0	0	
74.	You feel sad or depressed.	0	0	0	0	0	
75.	You think about probable results of your actions.	0	0	0	0	0	
76.	You feel extra tired or run down	0	0	0	0	0	
77.	You have improved your relations with other people because			_			
	of this treatment.		0	0	0	0	
78.	You have trouble sitting still for long	0	0	0	0	0	

FOR TCU ADMINISTRATIVE PURPOSES														
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		Disagree Strongly (1)	Disagree (2)	Uncertain (3)	Agree (4)	Agree Strongly (5)
79.	You think about what causes your current problems.	0	0	0	0	0
80.	The staff here are efficient at doing their job.	O	0	0	0	0
81.	You are similar to (or like) other clients of this program	0	0	0	0	0
82.	You are ready to leave this treatment program.	O	0	0	0	0
83.	You have made progress with your emotional or psychological issues	0	0	0	0	0
84.	Your counselor respects you and your opinions.	0	0	0	0	0
85.	You work in situations where drug use is common.	0	0	Ο	0	0
86.	You are tired of the problems caused by drugs.	0	0	0	0	0
87.	You think of several different ways to solve a problem.	0	0	0	0	0
88.	You feel you are basically no good	0	0	0	0	0
89.	You are in this treatment program only because it is required.	O	0	0	0	0
90.	You worry or brood a lot	0	0	0	0	0
91.	You have people close to you who expect you to make positive changes in your life	O	0	0	0	0
92.	You get mad at other people easily		0	0	0	0
	You have trouble making decisions		0	0	0	0
	You have serious drug-related health problems.		0	0	0	0
95.	You have people close to you who help you develop confidence in yourself.	O	0	0	0	0

FOR TCU ADMINISTRATIVE PURPOSES												I		
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		Disagree Strongly			Agree	Agree Strongly
		(1)	(2)	(3)	(4)	(5)
96.	You like to do things that are strange or exciting.	0	0	0	0	0
97.	You have thoughts of committing suicide	0	0	0	0	0
98.	You make good decisions.	0	0	0	0	0
99.	You have developed positive trusting friendships while in this program	0	0	0	0	0
100.	In general, you are satisfied with yourself.	0	0	0	0	0
101.	You feel honesty is required in every situation.	0	0	0	0	0
102.	You have urges to fight or hurt others	0	0	0	0	0
103.	You make decisions without thinking about consequences.	0	0	0	0	0
104.	You give honest feedback during counseling.	0	0	0	0	0
105.	You feel tense or keyed-up	0	0	0	0	0
106.	You like to take chances.	0	0	0	0	0
107.	You have people close to you who respect you and your efforts in this program.	O	0	0	0	0
108.	You can do just about anything you really set your mind to do	0	0	0	0	0
109.	You feel you are unimportant to others	0	0	0	0	0
110.	You can depend on your counselor's understanding.	0	0	0	0	0
111.	You like the "fast" life	0	0	0	0	0
112.	You work hard to keep a job	0	0	0	0	0
113.	There is a sense of family (or community) in this program	0	0	0	0	0

		Disagree Strongly (1)	Disagree (2)	Uncertain (3)	Agree (4)	Agree Strongly (5)
114.	You feel tightness or tension in your muscles.	O	0	0	0	0
115.	You can get plenty of personal counseling at this program.	0	0	0	0	0
116.	You want to get your life straightened out.	0	0	0	0	0
117.	Sometimes you feel that you are being pushed around in life.	0	0	0	0	0
118.	You need more medical care and services.	0	0	0	0	0
119.	You like friends who are wild	0	0	0	0	0
120.	You often feel helpless in dealing with the problems of life.	0	0	0	0	0
121.	Several people close to you have serious drug problems	0	0	0	0	0
122.	This program location is convenient for you.	0	0	0	0	0
123.	You feel lonely.	0	0	0	0	0
124.	You have legal problems that require you to be in treatment	0	0	0	0	0
125.	You are not ready for this kind of treatment program.	0	0	0	0	0
126.	You analyze problems by looking at all the choices.	0	0	0	0	0
127.	You are following your counselor's guidance.	0	0	0	0	0
128.	Your treatment plan has reasonable objectives.	O	0	0	0	0
129.	You depend on "things" more than "people".	0	0	0	0	0
130.	Your temper gets you into fights or other trouble.	0	0	0	0	0

TCU/CJ CEST Survey -- Part II

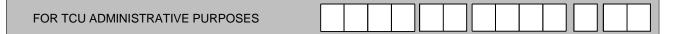
		Disagree Strongly	Disagree	Uncertain	Agree	Agree Strongly
		(1)	(2)	(3)	(4)	(5)
1.	You get upset when you hear about someone who has lost everything in a natural disaster.	O	0	0	0	0
2.	You deserve special consideration		0	0	0	0
3.	You are in prison now because you had a run of bad luck.	0	0	0	0	0
4.	The real reason you are in prison is because of your race.	O	0	0	0	0
5.	When people tell you what to do, you become aggressive.	0	0	0	0	0
6.	Anything can be fixed in court if you have the right connections.	0	0	0	0	0
7.	Seeing someone cry makes you sad	0	0	0	0	0
8.	You rationalize your irresponsible actions with statements like "Everyone else is doing it, so why shouldn't I?"	0	0	0	0	0
9.	Bankers, lawyers, and politicians get away with breaking the law everyday	O	0	0	0	0
10.	You do not worry too much about hurting someone's feelings	0	0	0	0	0
11.	You have paid your dues in life and are justified in taking what you want	0	0	0	0	0
12.	When not in control of a situation, you feel the need to exert power over others.	O	0	0	0	0
13.	When questioned about the motives for engaging in crime, you justify your behavior by pointing out how hard your life has been.	0	0	0	0	0

	FOR TCU ADMINISTRATIVE PURPOSES														
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		Disagree Strongly (1)	Disagree (2)	Uncertain (3)	Agree (4)	Agree Strongly (5)
14.	You get angry when you think about the injustices that happen in this world	O	0	0	0	0
15.	People need to know that you can take care of yourself just by looking at you	0	0	0	0	0
16.	You are sometimes so moved by an experience that you feel emotions that you cannot describe.	0	0	0	0	0
17.	You argue with others over relatively trivial matters.	O	0	0	0	0
18.	You need to learn better ways to control your behavior.	O	0	0	0	0
19.	If someone disrespects you, then you have to straighten them out, even if you have to get physical with them to do it	0	0	0	0	0
20.	You like to be in control	O	0	0	0	0
21.	You find yourself blaming the victims of some of your crimes.	0	0	0	0	0
22.	You would not have committed crimes if you had had a good job	0	0	0	0	0
23.	This country's justice system was designed to treat everyone equally	O	0	0	0	0
24.	You have been forced to do some bad things you knew were wrong	O	0	0	0	0
25.	Police do worse things than do the "criminals" they lock up.	O	0	0	0	0
26.	Laws exist to protect everyone, not just a few people who have lots of money	O	0	0	0	0
27.	You think you have to pay back people who mess with you.	0	0	0	0	0
28.	You like watching sports more when you see a player get hurt.	0	0	0	0	0

FOR TCU ADMINISTRATIVE PURPOSES														
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		Disagree Strongly	Disagree	Uncertain	Agree	Agree Strongly
		(1)	(2)	(3)	(4)	(5)
29.	Nothing you do here is going to make a difference in the way you are treated	0	0	0	0	0
30.	You feel you are above the law	0	0	0	0	0
31.	It is okay to commit crime in order to pay for the things you need	O	0	0	0	0
32.	Society owes you a better life	0	0	0	0	0
33.	There is nothing worse than being seen as weak or helpless.	0	0	0	0	0
34.	Breaking the law is no big deal as long as you do not physically harm someone	0	0	0	0	0
35.	You find yourself blaming society and external circumstances for the problems in your life.	0	0	0	0	0
36.	You worry when a friend is having personal problems.	0	0	0	0	0
37.	You feel responsible for your mistakes	0	0	0	0	0
38.	The only way to protect yourself is to be ready to fight.	0	0	0	0	0
39.	You are not to blame for everything you have done.	О	0	0	0	0
40.	You like to be on "center stage" in your relationships and conversations with others.	0	0	0	0	0
41.	You really are not bothered by having to tell someone bad news.	0	0	0	0	0
42.	It is unfair that you are imprisoned for your crimes when bank presidents, lawyers, and politicians get away with their crimes		0	0	0	0



	Disagree Strongly	Disagree	Uncertain	Agree	Agree Strongly
	(1)	(2)	(3)	(4)	(5)
43. You are in prison now because of the bad choices you made.	0	0	0	0	0
44. Taking from others keeps you from appearing worthless.	О	0	0	0	0
45. Laws are just a way to keep poor people down.	О	0	0	0	0
46. Your good behavior should allow you to be irresponsible sometimes	0	0	0	0	0
47. When you size up another person, you first consider whether they look strong or weak.	0	0	0	0	0
48. Life is too short to spend time trying to control other people and situations	О	0	0	0	0
49. It is okay to commit crime in order to live the life you deserve.	O	0	0	0	0
50. Prosecutors often tell witnesses to lie in court.	O	0	0	0	0
51. You feel you are going to die young anyway, so you do not worry much about the future.	O	0	0	0	0
52. To get along in this life, you have to trust people most of the time	O	0	0	0	0
53. It is better to risk dying in a fight than to back down and have everyone think you are weak.	O	0	0	0	0
54. You justify the crimes you have committed by telling yourself that if you had not done it, someone else would have		0	0	0	0
55. The best way to survive on the street or in prison is to be in a gang	O	0	0	0	0
56. You may be a criminal, but your environment made you that way	O	0	0	0	0

Client Assessment Inventory (CAI) for Correctional Populations

		Disagree Strongly (1)	Disagree (2)	Between Disagree/ Agree (3)	Agree (4)	Agree Strongly (5)
1.	I act impulsively without considering the consequences of my actions.	0	0	0	0	0
2.	I have no patience waiting for the things I want.	0	0	0	0	0
3.	When I am annoyed I display my irritation	0	0	0	0	0
4.	I have a bad attitude when given orders from staff and other people in authority	0	0	0	0	0
5.	When people do things to me that I don't like I do something to get back at them	0	0	0	0	0
6.	I have a problem accepting supervision from my peers and other program residents.		0	0	0	0
7.	I correct (pull-up) peers when they break program rules.	0	0	0	0	0
8.	I am unable to meet my responsibilities when I'm under pressure.	0	0	0	0	0
9.	I do my fair share of taking responsibility for the care and functioning of the facility.		0	0	0	0
10.	I report violations of program rules when I see them.	0	0	0	0	0
11.	I accept pull-ups with a good attitude	0	0	0	0	0
12.	When I have an urge to do something destructive (get high, act out) I let someone know		0	0	0	0
13.	I participate in program activities with enthusiasm.	0	0	0	0	0
14.	I meet my responsibility to be accountable for other people's behavior.	0	0	0	0	0
15.	I lie or cover up the truth.	0	0	0	0	0

FOR TCU ADMINISTRATIVE PURPOSES														
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	Disagree Strongly (1)	Disagree (2)	Between Disagree/ Agree (3)	Agree (4)	Agree Strongly (5)
16. I use people in a manipulative way to get what I want.	0	0	0	0	0
17. My behavior is selfish and inconsiderate of other	rs. O	0	0	0	0
18. I am trustworthy and dependable	0	0	0	0	0
19. I compromise my principles (honesty) for personal gain.	0	0	0	0	0
20. My behavior is sneaky and deceptive	. 0	0	0	0	0
21. I compromise my principles (honesty) in order to be accepted by people	0	0	0	0	0
22. If I can't get things any other way I steal them	0	0	0	0	0
23. I tell a lot of war stories.	0	0	0	0	0
24. I don't tell on people; it feels like ratting	0	0	0	0	0
25. I hang with a "negative" group or clique in the program.	0	0	0	0	0
26. I break program rules when I think I can get away with it.	0	0	0	0	0
27. The smartest thing is to never trust anyone	0	0	0	0	0
28. I often put on an image (macho, clown, playboy, tough guy, slick, etc.).	0	0	0	0	0
29. It is hard for me to be myself around people	0	0	0	0	0
30. My clothes and my appearance reflect "the street lifestyle".	0	0	0	0	0
31. I work hard at being "cool" or "looking good".	0	0	0	0	0
32. Holding on to an image will make it harder to stay drug-free.	0	0	0	0	0
33. I feel entitled to things I have not earned	0	0	0	0	0

FOR TCU ADMINISTRATIVE PURPOSES		Ш									
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		Disagree Strongly (1)	Disagree (2)	Between Disagree/ Agree (3)	Agree (4)	Agree Strongly (5)
34.	I am able to handle frustration and stress without acting out.	0	0	0	0	0
35.	I argue and complain whenever I'm told to do something	0	0	0	0	0
36.	When given authority I tend to abuse it	0	0	0	0	0
37.	I take initiative in my work rather than waiting to be told what to do	0	0	0	0	0
38.	I find it hard to ask for help when I don't know how to do something.	0	0	0	0	0
39.	When the job gets tough, I tend to give up and not finish.	0	0	0	0	0
40.	I see my job function as just doing work; it is not an important part of treatment	. 0	0	0	0	0
41.	I rarely approach staff	0	0	0	0	0
42.	I have established friendships with people in the program.	0	0	0	0	0
43.	I don't let people get close to me	0	0	0	0	0
44.	I can speak in front of a large group of people	0	0	0	0	0
45.	I'm afraid to confront people	0	0	0	0	0
46.	I hide unpleasant feelings (shame, fear or guilt) from others.	0	0	0	0	0
47.	It is hard for me to accept caring or affection from others.	0	0	0	0	0
	I have understanding and empathy (the ability to relate to and feel for others)	0	0	0	0	0
49.	I think I'm not as good as most people here	0	0	0	0	0
50.	I think I have all the answers, no one can tell me anything.	0	0	0	0	0

FOR TCU ADMINISTRATIVE PURPOSES														
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	Disagree Strongly (1)	Disagree (2)	Between Disagree/ Agree (3)	Agree (4)	Agree Strongly (5)
51. I try to understand the reasons for other people's behavior.	0	0	0	0	0
52. I don't know how to work (or think) through problems from beginning to end	0	0	0	0	0
53. I can separate my wants from my needs	0	0	0	0	0
54. When I have a difficult decision to make I think about all the options.	0	0	0	0	0
55. I don't seem to be able to recognize problem situations before they get out of hand	. 0	0	0	0	0
56. I make the same mistakes over and over again.	0	0	0	0	0
57. I do not care how my attitude and behavior affects others.	0	0	0	0	0
58. I am able to identify my feelings	0	0	0	0	0
59. I can take constructive criticism (feedback) without getting defensive.	. 0	0	0	0	0
60. When I obey program rules I feel like I am givin up my identify (who I am/what I stand for)	_	0	0	0	0
61. I don't know how to express my feelings	0	0	0	0	0
62. I am unable to control my anger.	. 0	0	0	0	0
63. I rarely ask for help when I need it	. 0	0	0	0	0
64. I can't hold on to my feelings; I let them out at the wrong time.	. 0	0	0	0	0
65. I like myself.	. 0	0	0	0	0
66. I am unable to forgive myself	. 0	0	0	0	0
67. I often feel depressed.	. 0	0	0	0	0
68. I don't have confidence in myself	0	0	0	0	0

FOR TCU ADMINISTRATIVE PURPOSES														ı
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		Disagree Strongly (1)	Disagree (2)	Between Disagree/ Agree (3)	<u>Agree</u> (4)	Agree Strongly (5)
69.	I have a lot of good qualities	0	0	0	0	0
70.	I still engage in (perform or do) self-destructive behavior.	0	0	0	0	0
71.	I think things will get better for me in the future.	0	0	0	0	0
72.	If people saw who I really am they would not like me.	0	0	0	0	0
73.	I have a lot of fears about this program	0	0	0	0	0
74.	Following program rules will help me get my life together.	0	0	0	0	0
75.	I do not know how to use most of the "tools of the program".	0	0	0	0	0
76.	I believe in the program concept and philosophy.	0	0	0	0	0
77.	I don't take the rules and regulations of the program seriously.	0	0	0	0	0
78.	I recognize the value of the program's dress code.	0	0	0	0	0
79.	I understand what the program expects of me at this stage of treatment.	0	0	0	0	0
80.	I talk about personal and sensitive issues in group.	0	0	0	0	0
81.	I "seek and take on" more than is required of me.	0	0	0	0	0
82.	I believe I am getting the help I need here	0	0	0	0	0
83.	I get fully involved in program activities on a consistent basis.	0	0	0	0	0
84.	I am talking about issues of intimacy and relationships in my life.	0	0	0	0	0
85.	In groups, I make a sincere effort to help others.	0	0	0	0	0
86.	I often talk to other residents one on one	0	0	0	0	0

FOR TCU ADMINISTRATIVE PURPOSES														
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		Disagree Strongly (1)	Disagree (2)	Between Disagree/ Agree (3)	Agree (4)	Agree Strongly (5)
87.	I am pleased with my performance in the program.	0	0	0	0	0
88.	I am fully committed to the program	0	0	0	0	0
89.	The program is creating more problems for me than it is solving.	0	0	0	0	0
90.	I'm moving through treatment at the right pace.	0	0	0	0	0
91.	I personally care about the reputation of this program.	0	0	0	0	0
92.	The staff are genuinely concerned about me	0	0	0	0	0
93.	What goes on here has little relevance to the real world.	0	0	0	0	0
94.	I think a lot of what goes on here "is not for me".	0	0	0	0	0
95.	I feel grateful and appreciative to the program. \ldots	0	0	0	0	0
96.	I cannot identify with most people in the program.	0	0	0	0	0
97.	In this program I feel like I'm just doing time	0	0	0	0	0
98.	I feel genuine concern, even love from people around me.	0	0	0	0	0
99.	I walk the walk, not just talk the talk	0	0	0	0	0
	I propose activities or ways to improve the program.	0	0	0	0	0
101.	I am a positive role model in the program	0	0	0	0	0
102.	I apply what I'm learning in treatment to my daily life.	0	0	0	0	0
103.	My behavior and attitude has a positive influence on others.	0	0	0	0	0

TCU/ CJ CEST Survey for Correctional Populations

Scales and Item Scoring Guide for CLIENT EVALUATION OF SELF AND TREATMENT

PART 1 (from TCU/CJ CEST Scales)

TREATMENT NEEDS/MOTIVATION SCALES

A. Desire for Help (DH)

- 3. You need help in dealing with your drug use.
- 32. It is urgent that you find help immediately for your drug use.
- 39. You will give up your friends and hangouts to solve your drug problems.
- 65. Your life has gone out of control.
- 86. You are tired of the problems caused by drugs.
- 116. You want to get your life straightened out.

B. Treatment Readiness (TR)

- 6. You need to stay in treatment.
- 13. This treatment is giving you a chance to solve your drug problems.
- 14. This kind of treatment program is not helping you. ®
- 54. This treatment program gives you hope for recovery.
- 56. You want to be in drug treatment.
- 82. You are ready to leave this treatment program. ®
- 89. You are in this treatment program only because it is required. ®
- 125. You are not ready for this kind of treatment program. ®

C. Treatment Needs (TN) Index

- 24. You need more help with your emotional troubles.
- 47. You need more individual counseling sessions.
- 55. You need more educational or vocational training services.
- 68. You need more group counseling sessions.
- 118. You need more medical care and services.

D. External Pressures (EP) Index

- 10. You have family members who want you to be in treatment.
- 25. You are concerned about legal problems.
- 44. You feel a lot of pressure to be in treatment.
- 49. You could be sent to jail or prison if you are not in treatment.
- 94. You have serious drug-related health problems.
- 121. Several people close to you have serious drug problems.
- 124. You have legal problems that require you to be in treatment.

Scoring Instructions. Numbers for each item indicate its location in the administration version, in which response categories are 1=Strongly Disagree to 5=Strongly Agree; ® designates items with reflected scoring. Scores for each scale are obtained by summing responses to its set of items (after reversing scores on reflected items by subtracting the item response from "6"), dividing the sum by number of items included (yielding an average) and multiplying by 10 in order to rescale final scores so they range from 10 to 50 (e.g., an average response of 2.6 for a scale becomes a score of "26").

PSYCHOLOGICAL FUNCTIONING SCALES

E. Self-Esteem (SE)

- 17. You have much to be proud of.
- 59. You feel like a failure. ®
- 71. You wish you had more respect for yourself. ®
- 88. You feel you are basically no good. ®
- 100. In general, you are satisfied with yourself.
- 109. You feel you are unimportant to others. ®

F. Depression (DP)

- 57. You feel interested in life. ®
- 74. You feel sad or depressed.
- 76. You feel extra tired or run down.
- 90. You worry or brood a lot.
- 97. You have thoughts of committing suicide.
- 123. You feel lonely.

G. Anxiety (AX)

- 16. You have trouble sleeping.
- 60. You have trouble concentrating or remembering things.
- 69. You feel afraid of certain things, like elevators, crowds, or going out alone.
- 70. You feel anxious or nervous.
- 78. You have trouble sitting still for long.
- 105. You feel tense or keyed-up.
- 114. You feel tightness or tension in your muscles.

H. Decision Making (DM)

- 48. You consider how your actions will affect others.
- 53. You plan ahead.
- 75. You think about probable results of your actions.
- 79. You think about what causes your current problems.
- 87. You think of several different ways to solve a problem.
- 93. You have trouble making decisions. ®
- 98. You make good decisions.
- 103. You make decisions without thinking about consequences. ®
- 126. You analyze problems by looking at all the choices.

I. Self-Efficacy (PM)*

*"Pearlin Mastery Scale," taken from Pearlin, L., & Schooler, C. (1978).

[The structure of coping. Journal of Health and Social Behavior, 19, 2-21.]

- 5. You have little control over the things that happen to you. ®
- 23. What happens to you in the future mostly depends on you.
- 33. There is little you can do to change many of the important things in your life. ®
- 45. There is really no way you can solve some of the problems you have. ®
- 108. You can do just about anything you really set your mind to do.
- 117. Sometimes you feel that you are being pushed around in life. ®
- 120. You often feel helpless in dealing with the problems of life. ®

SOCIAL FUNCTIONING SCALES

J. Hostility (HS)

- 28. You have carried weapons, like knives or guns.
- 36. You feel a lot of anger inside you.
- 41. You have a hot temper.
- 46. You like others to feel afraid of you.
- 51. You feel mistreated by other people.
- 92. You get mad at other people easily.
- 102. You have urges to fight or hurt others.
- 130. Your temper gets you into fights or other trouble.

K. Risk Taking (RT)

- 9. You only do things that feel safe. ®
- 61. You avoid anything dangerous. ®
- 73. You are very careful and cautious. ®
- 96. You like to do things that are strange or exciting.
- 106. You like to take chances.
- 111. You like the "fast" life.
- 119. You like friends who are wild.

L. Social Consciousness (SC)

- 4. Your religious beliefs are very important in your life.
- 12. You keep the same friends for a long time.
- 22. You feel people are important to you.
- 34. You have trouble following rules and laws. ®
- 40. Taking care of your family is very important.
- 101. You feel honesty is required in every situation.
- 112. You work hard to keep a job.
- 129. You depend on "things" more than "people." ®

TREATMENT PROCESS DOMAINS

M. Treatment Participation (TP)

- 19. You are willing to talk about your feelings during counseling.
- 26. You have made progress with your drug/alcohol problems.
- 31. You have learned to analyze and plan ways to solve your problems.
- 35. You have made progress toward your treatment program goals.
- 37. You always attend the counseling sessions scheduled for you.
- 62. You have stopped or greatly reduced your drug use while in this program.
- 66. You always participate actively in your counseling sessions.
- 67. You have made progress in understanding your feelings and behavior.
- 77. You have improved your relations with other people because of this treatment.
- 83. You have made progress with your emotional or psychological issues.
- 104. You give honest feedback during counseling.
- 127. You are following your counselor's guidance.

N. Treatment Satisfaction (TS)

- 7. Time schedules for counseling sessions at this program are convenient for you.
- 11. This program expects you to learn responsibility and self-discipline.
- 20. This program is organized and run well.
- 30. You are satisfied with this program.
- 80. The staff here are efficient at doing their job.
- 115. You can get plenty of personal counseling at this program.
- 122. This program location is convenient for you.

O. Counseling Rapport (CR)

- 2. You trust your counselor.
- 8. It is always easy to follow or understand what your counselor is trying to tell you.
- 15. Your counselor is easy to talk to.
- 21. You are motivated and encouraged by your counselor.
- 38. Your counselor recognizes the progress you make in treatment.
- 42. Your counselor is well organized and prepared for each counseling session.
- 43. Your counselor is sensitive to your situation and problems.
- 50. Your counselor makes you feel foolish or ashamed. ®
- 52. Your counselor views your problems and situations realistically.
- 63. Your counselor helps you develop confidence in yourself.
- 84. Your counselor respects you and your opinions.
- 110. You can depend on your counselor's understanding.
- 128. Your treatment plan has reasonable objectives.

P. Peer Support (PT)

- 58. Other clients at this program care about you and your problems.
- 72. Other clients at this program are helpful to you.
- 81. You are similar to (or like) other clients of this program.
- 99. You have developed positive trusting friendships while at this program.
- 113. There is a sense of family (or community) in this program.

Q. Social Support (SS)

- 1. You have people close to you who motivate and encourage your recovery.
- 18. You have close family members who want to help you stay away from drugs.
- 27. You have good friends who do not use drugs.
- 29. You have people close to you who can always be trusted.
- 64. You have people close to you who understand your situation and problems.
- 85. You work in situations where drug use is common. ®
- 91. You have people close to you who expect you to make positive changes in your life.
- 95. You have people close to you who help you develop confidence in yourself.
- 107. You have people close to you who respect you and your efforts in this program.

PART 2 (from BOP Criminal Thinking Scales)

A. Personal Irresponsibility (PI)

- 3. You are in prison now because you had a run of bad luck.
- 18. You need to learn better ways to control your behavior. ®
- 24. You have been forced to do some bad things you knew were wrong.
- 29. Nothing you do here is going to make a difference in the way you are treated.
- 37. You feel responsible for your mistakes. ®
- 39. You are not to blame for everything you have done.
- 43. You are in prison now because of the bad choices you made. ®
- 56. You may be a criminal, but your environment made you that way.

B. Criminal Rationalization (CN)

- 4. The real reason you are in prison is because of your race.
- 6. Anything can be fixed in court if you have the right connections.
- 9. Bankers, lawyers, and politicians get away with breaking the law every day.
- 23. This country's justice system was designed to treat everyone equally. ®
- 25. Police do worse things than do the "criminals" they lock up.
- 26. Laws exist to protect everyone, not just a few people who have lots of money. ®
- 45. Laws are just a way to keep poor people down.
- 50. Prosecutors often tell witnesses to lie in court.

C. Street Values (SV)

- 15. People need to know that you can take care of yourself just by looking at you.
- 19. If someone disrespects you then you have to straighten them out, even if you have to get physical with them to do it.
- 27. You think you have to pay back people who mess with you.
- 38. The only way to protect yourself is to be ready to fight.
- 51. You feel you are going to die young anyway, so you do not worry much about the future.
- 52. To get along in this life, you have to trust people most of the time. ®
- 53. It's better to risk dying in a fight than to back down and have everyone think you are weak.
- 55. The best way to survive on the street or in prison is to be in a gang.

D. Cold Heartedness (CH)

- 1. You get upset when you hear about someone who has lost everything in a natural disaster. ®
- 7. Seeing someone cry makes you sad. ®
- 10. You do not worry too much about hurting someone's feelings.
- 14. You get angry when you think about the injustices that happen in this world.®
- 16. You are sometimes so moved by an experience that you feel emotions that you cannot describe. ®
- 28. You like watching sports more when you see a player get hurt.
- 36. You worry when a friend is having personal problems. ®
- 41. You really are not bothered by having to tell someone bad news.

E. Power Orientation (PO)

- *Revised "Psychological Inventory of Criminal Thinking Styles (PICTS)" scale, taken from Walters, G. D. (1998). [Changing lives of crime and drugs: Intervening with substanceabusing offenders. New York: John Wiley & Sons.]
 - 5. When people tell you what to do, you become aggressive.
 - 12. When not in control of a situation, you feel the need to exert power over others.
 - 17. You argue with others over relatively trivial matters.
 - 20. You like to be in control.
 - 33. There is nothing worse than being seen as weak or helpless.
 - 40. You like to be on "center stage" in your relationships and conversations with others.
 - 44. Taking from others keeps you from appearing worthless.
 - 47. When you size up another person, you first consider whether they look strong or weak.
 - 48. Life is too short to spend time trying to control other people and situations. ®

F. Entitlement (EN)

- *Revised "Psychological Inventory of Criminal Thinking Styles (PICTS)" scale, taken from Walters, G. D. (1998). [Changing lives of crime and drugs: Intervening with substanceabusing offenders. New York: John Wiley & Sons.]
 - 2. You deserve special consideration.
 - 11. You have paid your dues in life and are justified in taking what you want.
 - 30. You feel you are above the law.
 - 31. It is okay to commit crime in order to pay for the things you need.
 - 32. Society owes you a better life.
 - 46. Your good behavior should allow you to be irresponsible sometimes.
 - 49. It is okay to commit crime in order to live the life you deserve.

G. Mollification (ML)

- *Revised "Psychological Inventory of Criminal Thinking Styles (PICTS)" scale, taken from Walters, G. D. (1998). [Changing lives of crime and drugs: Intervening with substanceabusing offenders. New York: John Wiley & Sons.]
 - 8. You rationalize your irresponsible actions with statements like "Everyone else is doing it, so why shouldn't I?"
 - 13. When questioned about the motives for engaging in crime, you justify your behavior by pointing out how hard your life has been.
 - 21. You find yourself blaming the victims of some of your crimes.
 - 22. You would not have committed crimes if you had had a good job.
 - 34. Breaking the law is no big deal as long as you do not physically harm someone.
 - 35. You find yourself blaming society and external circumstances for the problems in your life.
 - 42. It is unfair that you are imprisoned for your crimes when bank presidents, lawyers, and politicians get away with their crimes.
 - 54. You justify the crimes you have committed by telling yourself that if you had not done it, someone else would have.