#### ICPSR 25502

# National Health and Nutrition Examination Survey (NHANES), 2001-2002

United States Department of Health and Human Services. Centers for Disease Control and Prevention. National Center for Health Statistics

Codebook -- Questionnaire: Dietary Supplement Use -- Supplement Information

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# National Health and Nutrition Examination Survey (NHANES), 2001-2002

# **Variable Description and Frequencies**

Note: Frequencies displayed for the variables are not weighted. They are purely descriptive and may not be representative of the study population. Please review any sampling or weighting information available with the study.

Summary statistics (minimum, maximum, mean, median, and standard deviation) may not be available for every variable in the codebook. Conversely, a listing of frequencies in table format may not be present for every variable in the codebook either. However, all variables in the dataset are present and display sufficient information about each variable. These decisions are made intentionally and are at the discretion of the archive producing this codebook.

#### National Health and Nutrition Examination Survey (NHANES), 2001-2002

#### Questionnaire: Dietary Supplement Use -- Supplement Information

DSDSUPID Supplement ID number

Location: 1-10 (width: 10; decimal: 0)

Variable Type: character

Question: Target: B(0 Yrs. to 150 Yrs.) English Text: Supplement ID Number English Instructions:

DSDSUPP Supplement name

Location: 11-21 (width: 11; decimal: 0)

Variable Type: character

Question: Target: B(0 Yrs. to 150 Yrs.) English Text: Supplement Name English Instructions:

DSDSRCE Supplement information source

Location: 22-24 (width: 3; decimal: 0)

Variable Type: numeric

Question: Target: B(0 Yrs. to 150 Yrs.) English Text: Supplement Information Source English Instructions:

Value	Label	Unweighted Frequency	%
1	Directly from manufacturer	11	0.5 %
2	Directly from distributor	2	0.1 %
5	Physician's Desk Reference (PDR)	15	0.7 %
7	Product Catalog	16	0.7 %
8	Internet Listing	643	29.2 %
9	Supplement label or carton	1075	48.9 %
10	Supplement from same manufacturer	60	2.7 %
. (M)	-	378	17.2 %

DSDTYPE Formulation type

Location: 25-27 (width: 3; decimal: 0)

Variable Type: numeric

Question: Target: B(0 Yrs. to 150 Yrs.) English Text: Formulation type English Instructions:

Value	Label	Unweighted Frequency	%
1	Infant/pediatric formulation	164	7.5 %
2	Prenatal formulation	76	3.5 %
3	Mature formulation	38	1.7 %
4	Standard formulation	1922	87.4 %

DSDSERVQ Serving size quantity

Location: 28-32 (width: 5; decimal: 2)

Variable Type: numeric

Question: Target: B(0 Yrs. to 150 Yrs.) English Text: Serving size quantity English Instructions:

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Value	Unweighted Frequency	%
0.25	4	0.2 %
0.33	1	0.0 %
0.50	12	0.5 %
0.60	3	0.1 %
0.75	1	0.0 %
1.00	1574	71.5 %
1.50	2	0.1 %
2.00	331	15.0 %
3.00	126	5.7 %
4.00	71	3.2 %
5.00	8	0.4 %
6.00	35	1.6 %
7.00	1	0.0 %
7.50	1	0.0 %
8.00	5	0.2 %
8.55	1	0.0 %
9.00	1	0.0 %
10.00	9	0.4 %
12.00	1	0.0 %
14.00	1	0.0 %
15.00	5	0.2 %
27.00	1	0.0 %
30.00	3	0.1 %
40.00	2	0.1 %
60.00	1	0.0 %

#### DSDSERVU Serving size unit

Location: 33-35 (width: 3; decimal: 0)

Variable Type: numeric

Question: Target: B(0 Yrs. to 150 Yrs.) English Text: Serving size unit English Instructions:

Value	Label	Unweighted Frequency	%
1	Caplet	114	5.2 %
2	Capsule	473	21.5 %
3	Dropper	7	0.3 %
4	Drop	18	0.8 %
5	Fluid Ounce	9	0.4 %
6	Gel Cap	10	0.5 %
9	Lozenge	3	0.1 %
10	Milliliter	46	2.1 %

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Value	Label	Unweighted Frequency	%
12	Package/Packet	38	1.7 %
13	Pill	2	0.1 %
14	Tablespoon/Powder	22	1.0 %
16	Softgel	179	8.1 %
17	Tablespoon/Liquid	20	0.9 %
18	Tablet	1117	50.8 %
19	Teaspoon/Liquid	45	2.0 %
20	Wafer	7	0.3 %
21	Ounce/Powder	1	0.0 %
22	Spray/Squirt	2	0.1 %
24	Scoop/Powder	18	0.8 %
25	Cup/Powder	2	0.1 %
27	Chew	15	0.7 %
29	Vegicap	12	0.5 %
31	Capful	3	0.1 %
32	Gumball	1	0.0 %
33	Gram/Powder	5	0.2 %
34	Teaspoon/Powder	27	1.2 %
39	Drop/Lozenge	1	0.0 %
99	Unknown	3	0.1 %

#### DSDSERVA Alternative serving size

Location: 36-95 (width: 60; decimal: 0)

Variable Type: character

Question: Target: B(0 Yrs. to 150 Yrs.) English Text: Alternative serving size English Instructions:

#### DSDCNTV Count of vitamins in the supplement

Location: 96-98 (width: 3; decimal: 0)

Variable Type: numeric

Question: Target: B(0 Yrs. to 150 Yrs.) English Text: Count of vitamins in the supplement, including those in

blends English Instructions:

Value	Unweighted Frequency	%
0	1024	46.5 %
1	306	13.9 %
2	91	4.1 %
3	74	3.4 %
4	25	1.1 %
5	20	0.9 %
6	18	0.8 %
7	14	0.6 %

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Value	Unweighted Frequency	%
8	43	2.0 %
9	48	2.2 %
10	139	6.3 %
11	61	2.8 %
12	105	4.8 %
13	181	8.2 %
14	46	2.1 %
15	3	0.1 %
16	2	0.1 %

#### **DSDCNTM**

#### Count of minerals in the supplement

Location:

99-101 (width: 3; decimal: 0)

Variable Type:

numeric

Question:

Target: B(0 Yrs. to 150 Yrs.) English Text: Count of minerals in the supplement, including those in blends English Instructions:

Value	Unweighted Frequency	%
0	1032	46.9 %
1	430	19.5 %
2	158	7.2 %
3	106	4.8 %
4	58	2.6 %
5	40	1.8 %
6	30	1.4 %
7	47	2.1 %
8	41	1.9 %
9	28	1.3 %
10	51	2.3 %
11	42	1.9 %
12	21	1.0 %
13	14	0.6 %
14	20	0.9 %
15	9	0.4 %
16	65	3.0 %
23	1	0.0 %
45	2	0.1 %
51	1	0.0 %
55	2	0.1 %
70	1	0.0 %
79	1	0.0 %

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#### DSDCNTA Count of amino acids in the supplement

Location: 102-104 (width: 3; decimal: 0)

Variable Type: numeric

Question: Target: B(0 Yrs. to 150 Yrs.) English Text: Count of amino acids in the supplement, including those in blends English Instructions:

Value	Unweighted Frequency	%
0	2008	91.3 %
1	107	4.9 %
2	31	1.4 %
3	13	0.6 %
4	9	0.4 %
5	2	0.1 %
6	3	0.1 %
7	2	0.1 %
8	2	0.1 %
9	3	0.1 %
10	2	0.1 %
18	9	0.4 %
19	5	0.2 %
20	3	0.1 %
23	1	0.0 %

#### **DSDCNTB**

#### Count of botanicals in the supplement

Location: 105-107 (width: 3; decimal: 0)

Variable Type: numeric

Question: Target: B(0 Yrs. to 150 Yrs.) English Text: Count of botanicals in the supplement, including those in blends English Instructions:

Unweighted Value % Frequency 0 1330 60.5 % 1 421 19.1 % 2 98 4.5 % 3 58 2.6 % 4 2.4 % 52 5 51 2.3 % 6 38 1.7 % 7 30 1.4 % 8 25 1.1 % 9 19 0.9 % 10 15 0.7 % 6 0.3 % 11 12 6 0.3 %

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Value	Unweighted Frequency	%
13	9	0.4 %
14	3	0.1 %
15	5	0.2 %
16	5	0.2 %
17	1	0.0 %
18	6	0.3 %
19	3	0.1 %
20	3	0.1 %
21	2	0.1 %
23	1	0.0 %
25	2	0.1 %
35	1	0.0 %
42	1	0.0 %
46	2	0.1 %
47	1	0.0 %
48	1	0.0 %
50	1	0.0 %
60	2	0.1 %
68	1	0.0 %
117	1	0.0 %

#### **DSDCNTO**

#### Count of other ingredients in supplement

Location:

108-110 (width: 3; decimal: 0)

Variable Type:

numeric

Question:

Target: B(0 Yrs. to 150 Yrs.) English Text: Count of other ingredients in the supplement, including those in blends English Instructions:

Value	Unweighted Frequency	%
0	910	41.4 %
1	399	18.1 %
2	205	9.3 %
3	227	10.3 %
4	142	6.5 %
5	73	3.3 %
6	53	2.4 %
7	52	2.4 %
8	35	1.6 %
9	13	0.6 %
10	27	1.2 %
11	18	0.8 %
12	6	0.3 %

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Value	Unweighted Frequency	%
13	8	0.4 %
14	6	0.3 %
15	5	0.2 %
16	2	0.1 %
17	4	0.2 %
18	3	0.1 %
19	2	0.1 %
22	1	0.0 %
23	1	0.0 %
24	1	0.0 %
25	1	0.0 %
26	1	0.0 %
27	1	0.0 %
29	1	0.0 %
36	1	0.0 %
38	2	0.1 %